

Bungalow No.1 Plas Talgarth – Covid 19 Protocols

I have conducted a risk assessment at the bungalow and as a result of which I am introducing **temporary** protocols to ensure the safety of the housekeeper and all my guests.

In the absence of any guidelines for England or Wales, I have based these on a comprehensive 27-page document 'Cleaning Protocols for Self-catering properties and Short-term lets in the Context of Covid 19' produced by the Association of Scotland's Self Caterers.



I hope that everyone will work together to create the safest environment possible for all.

I have purchased disposable masks, gloves and aprons for Fran, the housekeeper, to wear when the bungalow is cleaned.

Hand sanitisers/disposable gloves/disinfectant spray and disinfectant wipes/centrefeed roll have been purchased to be left in the bungalow for use by Fran and the guests. **PLEASE DO NOT REMOVE.**

Items purchased comply with the recommended EN14476.

I have also purchased a steam cleaner that can be used on all surfaces, including carpets, kitchen floor, furniture, kitchen worktops/sanitaryware etc. (except electrical points).

Information for Guests

- ❖ If you have the slightest symptoms of Covid 19 prior to your visit you must not travel to the bungalow.
- ❖ If symptoms appear whilst at the bungalow you must contact NHS 111 for advice and leave immediately, to return home and self-isolate. Please inform either myself or Fran, the housekeeper as soon as possible. If you have severe breathing difficulties telephone 999.
- ❖ I am asking all **guests to bring their own towels/tea-towels/pillow slips as these are the items which will cause the highest risk.**
- ❖ Guests have the option to bring all their own bedlinen. The beds will be made up as usual but guests may wish to put their own bedlinen over the linen supplied. **Linen must not be shaken in case viruses are dispersed through the air.**
- ❖ **You may also wish to bring your own coat hangers;** however, Fran will spray disinfectant onto the hangers in the wardrobes.
- ❖ On arrival at the bungalow – you will find **hand sanitiser on the keysafe (or nearby on the porch).** Please use this before obtaining the key and opening the door.
- ❖ On entry you will find a two page, signed and dated proforma 'check list for cleaning self-catering units' confirming that the housekeeper has completed all the necessary actions required.
- ❖ **If during your stay you handle any books/maps/cd's or DVD's please put these in a plastic bag** prior to departure and leave on one side to be 'quarantined' for a week.
- ❖ After breakfast please **place all crockery and cutlery used in the dishwasher and switch on a hot wash** for Fran to remove later. There will be dishwasher tablets available.
- ❖ **Using the gloves provided, please strip the beds, place the bungalow linen in a black plastic sack and secure. If there are only two of you place the bedlinen and any towels that you may have had to use directly into the washing machine and switch on at 60C** for the

housekeeper to remove later. There will be washing powder available. **If there is more than one wash load place all linen in black plastic sacks, secure, and leave outside on the porch.**

- ❖ **Ensure that the fridge, freezer and all cupboards have been emptied and wiped.**
- ❖ **Empty all rubbish bins into the two bins at the rear of the bungalow, then take the rubbish sacks from those bins to the big green 'estate' bin opposite outside the Heron block.**
- ❖ **Working from the back bedroom to the front door please wipe all door handles with disinfectant and also all the tv remote controls.**
- ❖ **Upon departure please open the windows** (not the rear bedroom as this would leave the bungalow 'vulnerable') and leave the internal doors open for the air to flow through. It is thought that the virus can live for 2-3 hours in the air.
- ❖ **Wash or disinfect the keys used and place back in the keysafe.**
- ❖ **Departure time will be 10.30am** to allow for these extra tasks to be carried out.
- ❖ **Arriving guests must not arrive before 4pm** to allow for the extra cleaning necessary and to allow a thorough airing of the property.
- ❖ The bungalow will be cleaned as thoroughly as possible but you attend at your own risk.
- ❖ If you book, knowing the current situation, then later, choose to cancel, I will do my best to re-accommodate you at a later date but am not liable to offer a refund.
- ❖ It is unlikely that any of the facilities offered by Macdonalds Resort will be available for use for some time to come. At time of printing I have no information as to whether they will be able to open the bar and restaurant.

Gill Tapping

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Background to COVID-19

COVID-19 is a disease which is caused by the SARS-CoV-2 virus, which can be passed via respiratory secretions (i.e. saliva) and faeces, and which can successfully live for up to 2 to 3 days on certain surfaces.

COVID-19 is an "enveloped" virus, meaning that it is surrounded by a protective layer of fats and proteins.

COVID-19 can be transferred via hands from one surface to another. By touching a surface which has traces of COVID-19 on it, and then touching your face or eyes, you may become infected with COVID-19. Soap and hand sanitiser are effective at denaturing the fats and proteins surrounding the virus, and therefore good ways to kill the virus.

COVID-19 can live on some common household surfaces for up to 3 days. Currently it is thought that the virus can live for up to:

- 2-3 hours in the air
- Up to 4 hours on copper
- Up to 24 hours on cardboard, glass and metal.
- Up to 2 or 3 days on plastic and stainless steel.

Therefore, these surfaces need to be disinfected before they are safe to touch.

All surfaces which are touched frequently, such as light switches, door handles, kitchen surfaces, and bathroom surfaces should be regularly disinfected.